



# McENROE FITNESS

*Serious* TRAINING  
WITH A TOUCH OF FUN

as of April 2017

## Personal Training/Group Exercise Price Sheet and Schedule

<u>PERSONAL TRAINING SESSIONS</u> (Group training consists of 2-3 people. Larger groups should inquire about special pricing options).		<u>GROUP EXERCISE CLASSES</u>		MON	TUES	WED	THURS	FRI	SAT
Private	Group	1 Month Unlimited	\$90.00	6:00-7:00am		6:00-7:00am		6:00-7:00am	9:00-10:00am The first Saturday of the month ONLY
1 Hour - \$45	\$55	3 classes per week	\$80.00/month	6:30-7:30pm	6:30-7:30pm		6:30-7:30pm		
4 Sessions - \$170	\$200	2 classes per week	\$65.00/month						
8 Sessions - \$320	\$380	Drop in fee	\$10.00						
16 Sessions - \$610	\$720								
20 Sessions - \$760	\$890								

**McEnroe Fitness**

**Justin McEnroe, Owner**

*Personal Trainer / Health & Wellness Trainer*

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